Session 5: Tuesday, March 13, 10:00 am - 11:00 am

**Special Populations**

“What’s Your Biggest Problem Today?” Findings from the Intersection of Palliative and Complex Care in a Safety-Net Setting
Sarah Stroe, MSW, ASW

Patients with personal histories of poverty, homelessness, mental illness and substance abuse require particular training and attention that is often forgotten or lost to other needs in a healthcare setting. This presentation will provide focused and dedicated attention and exploration of these needs to give clinicians a more robust comprehension of how to best serve these patients when they present with palliative care needs.

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A Case Study on Homelessness and Dying: The Relationship between Palliative Care and Medical Respite
Jessica Savara, MSW, CSWA

The experience of dying while living on the street brings unique challenges. Medical respite programs across the nation have traditionally provided individuals experiencing homelessness with short-term, residential supports post-hospitalization. This presentation offers a case study and discussion regarding medical respite as a platform for Palliative Care with this population.

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**Self-Care**

Redefined Boundaries: When Palliative Care Hits Home
Danielle Jonas, LCSW

During the course of our individual careers, we will all inevitably face circumstances where a loved one is critically ill, approaching end of life or actively dying. During these instances, we are often faced with an unavoidable collision of the various roles that we play in our lives and this experience can be challenging to navigate. This presentation will facilitate a discussion about what this experience is like and will explore methods of self-care that can be used to foster resilience and coping.
Finding Our Voice a Therapeutic Approach with Palliative Care Decision Making
Victoria Cerone, MSW, LCSW

Healthcare providers, in general, are at risk for stressful experiences in which personal values and morals can be challenged. In palliative care, with the intrinsic complexity of the work involving life altering events, resources to maintain an adaptive resilience confront an even greater challenge. This presentation will provide support and insight for healthcare clinicians to process their emotions and facilitate strength based and cognitive approaches regarding moral distress.

Professional Development

A Theoretical Approach to Developing Palliative Care Educational Videos
Susan Enguidanos, PhD, MPH
Deborah Hoe, MA
Anna Rahman, PhD

This session presents information about an evidence-based, theoretically driven approach to educating consumers about palliative care. We also will discuss the need for the project and how our approach to consumer education contrasts with traditional approaches. We will present our printed stories and videos, along with a dissemination plan.

Moving Forward Together and Apart: Developing New Models of Clinical Supervision From Afar
Karen Kell Hartman, LCSW-R, OSW-C

With the recent growth of satellite cancer treatment centers that are geographically separate from their main hospitals (Onega et al 2017), clinical and administrative supervision of social work staff in those sites faces new challenges. Given the potential for burnout and compassion fatigue, it behooves supervisors in these fields to pay particular attention to the issue of distance supervision. This presentation will explore issues and challenges inherent in providing distance clinical and administrative supervision to palliative and oncology social workers in these centers.

Professional Development

Learning From Each Other: Palliative Care Inter-Professional Education With High Fidelity Simulation
Steve Wilson, PhD, LCSW
Joy R. Goebel, RN, PhD, FPC
Collaboration and teamwork skills are best achieved when professions such as social work and nursing engage in interactive interdisciplinary learning. One approach to interdisciplinary learning is with Interprofessional education (IPE) and the use of High Fidelity Simulators (computer-driven mannequins).

An Innovative Curriculum for Interprofessional Fellowship Training in Palliative Care
Ryan Weller, LCSW
Jason Malcom, LCSW

This presentation will cover the components of interprofessional training as developed by the VA Portland Health Care System’s Interprofessional Palliative Care Fellowship Program, one of just six such programs in the national VA system. The components include: a list of didactic and journal club topics, templates for biopsychosocialspiritual considerations and for presenting a diverse cultural/national perspective on end-of-life care, team-building and self-care exercises that are formally incorporated into the fellowship schedule, and the format of formal bedside rounds and team meetings.

Education & Professional Development

LIVE Debriefing: Experience the Intervention!
Dr. Anthony Nicholas Galanos, MA, MD, Clinical Director, Duke Palliative Care
Vickie Leff, LCSW, BCD, ACHP-SW

Providing opportunities for debriefings around the complex issues intrinsic to palliative care and hospice is a critical and successful tool that is used for physicians, interns, residents, and fellows. Led by a Clinical Social Worker and Palliative Care Physician, participants will take part in a “live” debriefing during the workshop. Additionally, we will discuss the evidence-based support for this intervention, and offer our experience with logistics for starting groups.

Pediatrics

Special Topics in Pediatric Palliative Care: Respecting Family Diversity and the Social Work Role in Decision Making
Stacy Remke, LICSW, ACHP-SW
Martha Schermer, LICSW, ACHP-SW
The recent media storm around the case of Charlie Gard illustrated many issues that are complex and perplexing for teams caring for children with life-limiting conditions. Pediatric palliative care social workers will tie case vignettes to social work theory and best practice knowledge to illustrate the unique role social work can play in interprofessional care for diverse families around decision-making and advanced care planning and addressing "futility" that can be applied in context of a team based pediatric palliative care program.

**Special Populations**

**Attitude and Perceived Competence in Working with Death: A Study of Chinese Health Care Providers**

Xiaofang Liu, MSW  
Cathy Berkman, PhD

This presentation presents the results of a study of 322 Chinese healthcare providers. The findings include: 2) a description of attitudes about and coping with death; and 2) how these are associated with sociodemographic and professional characteristics.

**Racial Differences in Perceptions of Advance Care Planning**

Hyunjin Noh, PhD, MSW  
Rebecca Allen  
Kathryn Burgio

This presentation will report on the findings from a pilot study on the informational needs and perceptions of advance care planning among community-based Caucasian and African-American older adults. The session will cover the similarities and differences between the two racial groups in their knowledge about risks of life-sustaining treatments, needs for information in using the advance directive form, and perceptions of advance care planning.

**Innovation & Research, Diversity & Inclusion**

**Hands-on Palliative Care: Integrating Massage Therapy for Palliative Care Patients in Pain**

Anne Kelemen, LICSW, ACHP-SW  
Lauren Cates, LMT, S4OM  
Kathryn Walker, PharmD, BCPS, CPE
To expand services available to hospitalized palliative care patients in pain, we developed a partnership to provide massage therapy with the goal of demonstrating feasibility and value. This presentation will review the role of massage therapy in patients with serious illness and present findings from our pilot study.

**Spirituality**

**Dipping Your Toes into the Realm of Spirituality: The Waters are Deep – Can you Swim?**
Sue Best, MSW, LCSW

Palliative Care Social Workers (PCSW) are often faced with addressing issues of a spiritual nature in their clinical work, but often lack the training and comfort to do so. Another critical element to this work is the clinician's ability to examine and nourish one's own spiritual foundation. The purpose of this presentation is to consider the role of spirituality for PCSW, highlight models of spiritual assessment, plus review research and best practices.

**The Powerful Effect of Reiki and “Energy Healing” Techniques at the End of Life**
Elizabeth Giele, MSW, LICSW, ACHP-SW

This presentation will provide didactic information about the history and use of Reiki healing (a Japanese energy healing system) and other therapeutic energy modalities, for use with medical and chronic illness, specifically at the end of life, and to counteract compassion fatigue. The presenter will provide examples of her own use of Reiki in the community and private sector and at VA (Veterans Administration) hospitals and hospice units. The presenter will discuss clinical and boundary implications including the use of self, the use of touch, and the potential blurring of professional lines of practice.